

Social Skills: Social Contact

I Have the Answer!

Educational Purpose: To have the child/student develop a solution to a problem.

Age Range: 6 to 11

Materials: A prepared list of scenarios focussing on bullying and/or aggressive behaviour.

Procedures:

1. Have the child/student sit in front of you.
2. Say, "I have some problems written on this page and I need some solutions. Let's see if you can help me."
3. Read a scenario and encourage the child/student to think of ways of possibly handling the bullying and/or aggressive behaviour depicted in the situations.

4. Sample scenario:

Mary was skipping rope with her friends.
Susan came by and purposely tripped Mary.
Mary fell and scraped her knee.
What should Mary do?

5. Discussion follows.

6. Lead into some questions like:

1. Why do you think Susan tripped Mary?
2. Did something similar happen to you?
3. How did you feel?
4. Do you think Susan should be punished for tripping Mary?
5. How can Mary handle this if it happens again?

